

GREEN TIPS FOR STUDENTS

DECREASE MEAT CONSUMPTION



Raising livestock produces large amounts of greenhouse gases into the environment. Eating less meat – even omitting it from a meal one day a week – can positively influence change.

CHECK YOUR SETTINGS



Place your computer or laptop on power saving mode, and try to keep the brightness of the monitor low.

BE A GREEN BOOKWORM



Avoid buying new textbooks. Instead, rent or buy used copies. Even better, purchase or rent a digital copy of your textbook.

REUSE OLD FURNITURE



Decorating with reused items helps you save money and items from ending up in the landfill. If you're moving out and don't need old furniture, donate it or look for a friend to give it to.

WANNA LEARN MORE?

Get Involved with the CEC!



GREEN TIPS FOR STUDENTS

TAKE NOTES ELECTRONICALLY



If your professor allows it, taking notes electronically saves paper, and money. If you must, try buying paper from 80-100 % recycled content.

POWER DOWN & UNPLUG



An easy way to implement this is by connecting your electronics to a surge protector and flipping the switch when you leave the room. Bonus: your electric bill will thank you!

REUSABLE BAGS & WATER BOTTLES



Save plastic and paper on your trips to the grocery store. Now, with bottle filling stations in many buildings on campus, this option is much easier and cheaper!

OPT OUT OF JUNK MAIL



By opting out, you can save resources and save yourself the hassle! You can get off most unsolicited mail lists simply by calling 1-888-5-OPTOUT (1-888-567-8688).

MINIMIZE WATER CONSUMPTION



Turning off the water while you brush your teeth, shave, or wash your face along with cutting daily shower time by a few minutes can make a big difference and save thousands of gallons of water.